Biography

Ben Harris is a senior clinical neuropsychologist whose current public appointments are in community aged psychiatry for Monash Health, and in the Cognitive Dementia and Memory Service for St Vincent's Health. He also has a long-term involvement with Delmont Private Hospital, working with adult and aged patients experiencing a range of psychiatric and substance abuse disorders. Ben trained at the University of Melbourne where he completed a Masters in Clinical Neuropsychology and a PhD in Cognitive Neuroscience. Until recently, he was a member of the National Executive for the Australian Psychological Society's College of Clinical Neuropsychologists. Ben has a particular clinical interest in the overlay between psychiatric and neurological presentations. He enjoys working with people diagnosed with multiple sclerosis, assisting them to understand their relative cognitive strengths and weaknesses, and then using this information to implement meaningful strategies and interventions to improve function and wellbeing.

Thinking and Memory program description

- Brain changes in MS
- Cognition and the brain: likely strengths and weaknesses associated with MS
- Functional implications of cognitive changes in MS