



WHAT IS THE NDIS

Helping you understand the NDIS

NDIS AT A GLANCE

The National Disability Insurance Scheme is a major social reform offering a new way of providing support and services for people living with disability or significant impairment under the age of 65. As a registered NDIS provider we have a wide range of support services to help navigate and get the most out of the scheme, enabling people to achieve their goals

10 THINGS YOU NEED TO KNOW ABOUT THE NDIS

- 1. The NDIS promotes choice, control and social and economic participation**
Participants have the freedom to choose their own service providers, giving them control over decisions about how to live their lives.
- 2. The NDIS is a whole-of-life approach,** a person with a disability or significant impairment can receive the support they need to achieve their goals across their lifetime.
- 3. The NDIS is not means tested** it funds personalised supports, including equipment, which promote and maintain inclusion and participation in everyday life and that are **reasonable and necessary**.
- 4. The NDIS is transforming the disability sector** people who have become participants are reporting positive outcomes now they have regular, funded support.
- 5. To be eligible for the NDIS** a person needs to be; under 65, satisfy residency requirements and able to demonstrate disability or impairment that has substantial impact on their daily life.
- 6. The NDIS ensures equity of access** by addressing the needs of people in regional and remote Australia, Aboriginal Torres Strait Islanders (ATSI) and people from Indigenous and Culturally and Linguistically Diverse (CALD) backgrounds
- 7. There is a range of services and support available** such as: **Core** supports that assist with daily living, **Capital** supports such as assistive technology or vehicle and home modifications and **Capacity** building supports to assist with social and community participation, improved daily living, health and wellbeing and life choices.
- 8. Plans are generally reviewed annually.** The scheme is responsive to fluctuating and changing need.
- If you have a friend or family member who has multiple sclerosis, you can help them by encouraging them to **think about their goals and identify where they are having difficulties**. For example, it is useful to ask 'what does a typical week look like' and what supports and services are currently received.
- 10. We offer a range of services** to help you navigate the NDIS. For more information contact MS Connect on 1800 042 138 or visit our website www.ms.org.au