



# REVIEW OF YOUR PLAN

## About the National Disability Insurance Scheme

### NDIS AT A GLANCE

The NDIS takes a flexible, whole-of-life approach when working with eligible participants, their families and carers, to develop individualised plans.

The NDIS is based on social insurance principles. In practice this means providing the right supports at the right time to enable a person affected by a disability or functional impairment to continue to participate socially and economically – across the span of their lifetime.

The NDIS provides the opportunity for people to live “an ordinary life”.

The scheme is outcomes driven, ensuring that plans are assisting people to fully realise their potential, to participate in and contribute to society, and to have a say in their own future – just as other members of Australian society do.

### REVIEW OF YOUR PARTICIPANT PLAN

- A review of your NDIS plan occurs at least annually. Your plan has a start and end date. The review will happen prior to the end date.
- The review meeting can be by phone or in person - it is your choice
- If your circumstances change significantly within a planning cycle and this affects the supports you need from the NDIS, you can request an early plan review by completing the “Request a plan review form”. (See [www.ndis.gov.au](http://www.ndis.gov.au) )
- A review of a plan will trigger another planning conversation. This will lead to designing your next plan.
- Prior to a review date, a Participant will be asked to complete an NDIA document called “Getting Ready For Your Plan Review and Final Year Report”. (See [www.ndis.gov.au](http://www.ndis.gov.au) )
- This form will help you to prepare a new participant statement for your next NDIS plan. The answers you provide will go into your plan and this may be seen by your service providers and others who support you.
- You and the Planner will review goals and outcomes and identify the types of supports that achieved your desired outcomes.



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## PREPARING FOR A PLAN REVIEW

### THINGS TO WRITE DOWN SO YOU CAN BE PREPARED FOR YOUR PLAN REVIEW:

#### Your life now:

- Which supports and services are working well?
- Which supports and services are not going so well?
- Are there any supports and services in your plan that you are not yet receiving? If so why? What are the barriers?

#### Your funded services:

- Are your current providers working well for you? Are they meeting your service expectations?

#### Your other supports

- Have you built a better connection to your local community?
- Would you like to access different community or mainstream supports?

#### What has changed since your last NDIS plan?

- Informal supports, social and family connection
- Living arrangements
- Health and well being
- Access to mainstream supports and services
- Independence

#### Goals

- Are you achieving your goals and do you have any new goals?
- Have a look at our MS information sheet: Thinking about Goals for some ideas.

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#### You can request assistance to complete this report by asking for support from:

- A Local Area Coordinator (LAC)
- Your Support Coordinator
- Contacting your local MS Organisation or
- Your closest National Disability Insurance Agency (NDIA)