



Registered NDIS Provider

# OUR NDIS SERVICES

## Physiotherapy assessment and training

### WHAT IS THE NDIS?

The National Disability Insurance Scheme (NDIS) is a new way of providing support and services for people with disability or significant impairment under the age of 65. We have a range of approved NDIS services to help support you to live well.



**OUR PHYSIOTHERAPISTS** will perform a specialist neurological assessment and will provide you with strategies on how you can better manage your symptoms, improve your mobility and ultimately to be as independent as possible in the community.

### Some of the problems physiotherapy services can help address:

- difficulty walking and getting around
- getting started with exercise
- symptom management including pain, stiffness, weakness and heat sensitivity

### THE BENEFITS

- improve your mobility at home and in the community
- individual exercise program
- decreased risk of falling or tripping
- symptom management
- recommendations for suitable local exercise classes and other aids to increase mobility
- tips for your carers and other exercise instructors

### WHY MS?

	<p><b>THE NEURO EXPERTS</b></p> <p>We have over 60 years' experience in living well with multiple sclerosis and other neurological conditions, so you don't have to explain how your symptoms can impact your everyday life and goals – we already get it.</p>
	<p><b>ACCESS MORE FREE SERVICES</b></p> <p>When you register with MS, we connect you into a whole range of other free services — including MS Connect our dedicated contact centre, education programs on everything from wellbeing to practical life skills, and we can connect you with other people living with the disease.</p>
	<p><b>YOUR DEDICATED MS CONSULTANT</b></p> <p>One of our MS experts will meet with you and your family to work out the best way to face your challenges. This is fully backed by a team of experts and clinical health professionals such as Nurses, Occupational Therapists, Social Workers, Physiotherapists and Continence experts – so we've got you covered.</p>

### How do I pay?

Physiotherapy assessment and training is an NDIS funded service. If you're eligible for the NDIS, speak to your planner about including a physiotherapy assessment in your plan - It won't cost you anything.

### What to ask for in your NDIS planning.

Physiotherapy assessment and training comes under:

### *Improved daily living (Individual assessment, therapy and/or training)*

We can help you prepare for your planning conversation or come with you, contact MS Connect for more information.

### Where we offer physiotherapy services:

Predominately NSW & Victoria but please do contact us as we do offer this service in some other areas.

Please contact MS for more information:

MS Connect™: 1800 042 138

Email: [msconnect@ms.org.au](mailto:msconnect@ms.org.au)

Web: [www.ms.org.au](http://www.ms.org.au)